

# Hearing Distressing Voices Simulation



Hi,  
I'm Pat Deegan.

I developed the Hearing Distressing Voices Simulation to increase empathy and understanding for people who are experiencing distressing voices.

Over a dozen studies have demonstrated the Simulation increases empathy. It is an evidence-based practice used throughout the world by MH professionals, first responders, medical students and more.

The **Hearing Distressing Voices Toolkit** supports you in running this groundbreaking, empathy-building experience. It contains everything needed to run a Simulation:

Toolkit:  
\$400

## ▶ **Presenter's Manual**

- \* Instructions for planning, preparing and running the Simulation
  - \* Promotional flyer
  - \* Consents
  - \* Workstation instructions and exercises
  - \* Scripts for presenters
- ▶ Videos of **Pat Deegan** discussing the experience of Hearing Distressing Voices, tips for **First Responders**, and coping skills
- ▶ Voices **Soundtrack** for use during the Simulation

Save time preparing for your Hearing Distressing Voices Simulation. Order your Toolkit along with MP3 players preloaded with the Voices

Basic MP3  
players start  
at \$11/ea

Premium MP3  
players start  
at \$46/ea

Want to license the toolkit for use in your Statewide CIT Program?

Contact us at [info@commongroundprogram.com](mailto:info@commongroundprogram.com)

Or head to <https://www.commongroundprogram.com/hearing-voices> to get your toolkit today.