



Combative Resolutions

Michael G. Malpass

Michael G. Malpass is a retired police officer with 30 years of experience as a patrol officer, SWAT operator and defensive tactics instructor. His most recent assignment was to the police training academy as a lead defensive tactics instructor where he also conducted a neuroscience study on training the brain for better decisions under stress.

Mike is the author of two books: *FALL SEVEN, RISE EIGHT. A Kaizen Approach to Law Enforcement Training & Life* (2022) and *Taming the Serpent: How Neuroscience Can Revolutionize Modern Law Enforcement Training* (2019).

Over his lifetime, Mike has honed his skills to achieve excellence in many areas of martial arts. He is a five-time national kickboxing champion. He is a sixth-degree black belt in the Burmese art of Bando under Dr. Maung Gyi and a first-degree black belt in Shotokan and Isshinryu Karate. In addition to the Naban grappling found in the Burmese Bando system, Mike has studied and practiced Catch-as-Catch-Can Wrestling, Sambo and Brazilian Jujitsu. He has also achieved the status of Full Instructor of Combat Systema under Kevin Secours, Integrated Fighting Systems, in Montreal, Canada.

Mike holds numerous law enforcement defensive tactics instructor certifications from the State of Arizona through AZ POST as well as the Force Science Instructor Certification. Mike authored many lesson plans to be taught to his agency and law enforcement personnel from numerous agencies in Arizona. These courses included: De-escalation, Neuroscience for Fear Management and Conflict Resolution, Ground Survival, Advanced Defensive Tactics Concepts, Dignitary Protection Defensive Tactics, Rifle Retention, Edged Weapons Defense, Team Arrest Tactics and Women's Self-Defense. He also taught classes in Building Search, Active Shooter Response, Tactical Handgun, and Patrol Vehicle Tactics. Through his business, Combative Resolutions, Mike continues to teach seminars focusing on neuroscience for law enforcement and recovering from critical incidents.

In 1989, Mike earned his bachelor's degree in Exercise Physiology from Ohio University in Athens, Ohio. Building on his education, law enforcement career and fighting experience, Mike has integrated the neuroscience of sound decision-making under stress with tactical skills into a reality-based training system designed for real world encounters.

Go to <http://www.combativeresolutions.com> for more information.